

BRANNON CARNES MINISTRIES INTERNATIONAL PRESENTS

# HEART-CORE

*worship webinar*

THE INTERACTIVE FOUNDATIONAL WORSHIP TRAINING SERIES

Q1 Webinar

Outline 5

## SESSION 2 – HEART MATTERS

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### SATURATION

Whatever you soak in will be the aroma you release. Your life can be a fragrant scent of thanksgiving and praise or a horrific stench of murmuring and complaining. It all has to do with what you saturate yourself in. Your environment, your music, or your words can be an aromatic atmosphere or a putrid one. The choice is yours.

Our lives are filled with distractions. Everyone and everything has the potential to dominate our attention. Every day we are given a choice to completely focus on the superficial or the eternal. When we choose to set our affection on things above, we begin to release things from above into this earth. We become a pleasing aroma of heavenly places.

You can saturate yourself in the light of God's glory or in the darkness of the enemy's lair. Whether good or bad, you will be filled to capacity with whatever you consistently take in. Scripture says,

**Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. But when your eye is bad, your whole body is filled with darkness. (Matthew 6:22-23)**

## ATMOSPHERE CHANGES

1. Entertainment
  - a. Music
  - b. TV
  - c. Movies
  - d. Internet
2. Spoken Word (Ps. 103:5; Prov. 18:21)
  - a. blessings and curses
  - b. thanksgiving
  - c. God's worth
  - d. the Word of God
3. Destroy Idols [anything that is exalted above God and the things of God]

## APPETITE CHANGES

1. 21 Days to form a habit; daily confession of God's Word
2. Abhor evil, cling to good (Rom. 12:9)
3. The Word, Prayer, Church, Witnessing, & Giving

## ALTITUDE CHANGES

1. Rise above cultural norms
  - a. family
  - b. background
  - c. society (TV, media, etc.)
2. God is Up! (Ps. 103:5; Prov. 18:21)
  - a. the mountain top (Ps. 48:1)
  - b. a call to ascend (Is. 2:2, 3)
  - c. lifts you up (Ps. 3:3; 24:7-10)

## AROMA CHANGES

1. Your life gives off an aroma
2. You carry the aroma of what you soak in (Ephesians 5:1-2)
3. The aroma is for God; give God glory due Him (Ps. 96:8)

# DELIGHT

Personal Definition:

To delight is to gaze upon someone in admiration to the point of unknowingly copying them.

We are encouraged to delight ourselves in the Lord. There are a few ways to delight in the Lord.

1. Delight in Him (Psalm 37:4)
2. Delight in His Word (Psalm 1:2; 119:16, 24, 35, 47, 70, 77, 174)
3. Delight in His Voice (John 10:27)
4. Delight in His Presence (Psalm 16:11; 84:2)